

Affected by flooding?

Your mental and physical health can suffer as a result of flooding. The impacts on you and your family can be far reaching and symptoms such as stress and depression may not be immediately obvious.

For help and advice visit
www.floodlinescotland.org.uk

Floodline

Scottish Environment Protection Agency

0345 988 1188

www.floodlinescotland.org.uk

Dealing with a flood can take its toll on you
and your family but support is available.